

	Cell viability after simultaneous interactions of chromium(III) and iron(III)	25
	<i>Sylvia Terpilowska and Andrzej Krzysztof Siwicki</i>	
	Effect of silicon supplementation on immune function in mice	32
	<i>Se-Yune Kim, Sang-Ki Kim, Mi-Hyun Kim, and Mi-Kyeong Choi</i>	
Coping with stress using magnesium	1	
<i>Hans-Georg Classen and Klaus Kisters</i>		
An intensive mental coaching period also incites interactive changes in metabolic parameters and electrolytes – a peculiar role for Mg	4	
<i>Stefan Opresnik, Sepp Porta, Gabriele Kypta, Willibald Wonisch, Georg Stossier, and Klaus Kisters</i>		
Acute oral application of a magnesium amino acid compound: Significant improvement of individual performance in sports	8	
<i>Sepp Porta, Helmut K. Lackner, Stefan Opresnik, Harald Gell, Ticuta Negreanu-Pirjol, Mirela Michaela Bratu, Klaus Kisters, Manfred Walzl, and Christian Tiesenhausen</i>		
Nurses' night-shift workload: Changes in psychologic, magnesium, breathing, and cardiovascular data	13	
<i>Sepp Porta, Claudia Scardelli, Michael Moser, Alexander Kastner, Stefan Opresnik, Klaus Kisters, Manfred Walzl, and Christian Tiesenhausen</i>		
Genotoxicity and mutagenicity of nickel(II) and iron(III) and interactions between these microelements	17	
<i>Katarzyna Czarnek, Sylvia Terpilowska, and Andrzej Krzysztof Siwicki</i>		