

ORIGINAL PAPERS

- Supplementation of Milled Chia Seeds Increases Plasma ALA and EPA in Postmenopausal Women**
F. Jin · D.C. Nieman · W. Sha · G. Xie · Y. Qiu · W. Jia 105
- Mitigation of Obesity-Promoted Diseases by *Nigella sativa* and Thymoquinone**
J. Vanamala · A.C. Kester · A.L. Heuberger · L. Reddivari 111
- Influence of Extraction Solvents on Antioxidant Activity and the Content of Bioactive Compounds in Non-pungent Peppers**
H. Bae · G.K. Jayaprakasha · K. Crosby · J.L. Jifon · B.S. Patil 120
- Guaianolides and Volatile Compounds in Chamomile Tea**
C. Tschiggerl · F. Bucar 129
- Analysis and Enhancement of Nutritional and Antioxidant Properties of *Vigna aconitifolia* Sprouts**
R.M. Kestwal · D. Bagal-Kestwal · B.-H. Chiang 136
- Combined use of Multiple Methodologies for the Measurement of Total Antioxidant Capacity in UK Commercially Available Vegetable Juices**
P.C. Wootton-Beard · L. Ryan 142
- Chemical and Nutritional Composition of Tejate, a Traditional Maize and Cacao Beverage from the Central Valleys of Oaxaca, Mexico**
A. Sotelo · D. Soleri · C. Wachter · A. Sánchez-Chinchillas · R.M. Argote 148
- Phenolic Compounds from Maté (*Ilex paraguariensis*) Inhibit Adipogenesis in 3T3-L1 Preadipocytes**
G. Gosmann · A.G. Barlette · T. Dhamer · D.P. Arçari · J.C. Santos · E.R. de Camargo · S. Acedo · A. Gambero · S.C.B. Gnoatto · M.L. Ribeiro 156
- Enhancement of Folate Content and Its Stability Using Food Grade Elicitors in Coriander (*Coriandrum sativum* L.)**
B. Puthusseri · P. Divya · V. Lokesh · B. Neelwarne 162
- Antigenotoxic Effects of Piquiá (*Caryocar villosum*) in Multiple Rat Organs**
M.R. Almeida · J.D.C. Darin · L.C. Hernandez · A.F. Aissa · R.C. Chisté · A.Z. Mercadante · L.M.G. Antunes · M.L.P. Bianchi 171
- Phytochemicals and Antioxidant Capacity of Tortillas Obtained after Lime-Cooking Extrusion Process of Whole Pigmented Mexican Maize**
J. Aguayo-Rojas · S. Mora-Rochín · E.O. Cuevas-Rodríguez · S.O. Serna-Saldivar · J.A. Gutierrez-Urbe · C. Reyes-Moreno · J. Milán-Carrillo 178
- Total and Soluble Oxalate Content of Some Indian Spices**
S. Ghosh Das · G.P. Savage 186

Further articles can be found at
www.springerlink.com

Instructions for Authors for *Plant Foods Hum Nutr* are available at
<http://www.springer.com/11130>.