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(See This Month in the *Journal of the American Dietetic Association*, page 335.)



- 376 **ORIGINAL RESEARCH: Individual and Family Correlates of Calcium-Rich Food Intake among Parents of Early Adolescent Children**  
*Marla Reicks, PhD, RD; Miriam Edlefsen Ballejos, PhD, RD; L. Suzanne Goodell, PhD, RD; Carolyn Gunther, PhD; Rickelle Richards, PhD, MPH, RD; Siew Sun Wong, PhD; Garry Auld, PhD, RD; Carol J. Boushey, PhD, MPH, RD; Christine Bruhn, PhD; Mary Cluskey, PhD, RD; Scottie Misner, PhD, RD; Beth Olson, PhD; Sahar Zaghoul, PhD, MBBS*

(This article has been approved for Continuing Professional Education credit. The Continuing Professional Education Learning Need Codes for this article are 2090, 3000, 4000, and 4120.)

(See This Month in the *Journal of the American Dietetic Association*, page 335.)

#### **ONLINE EXTRA**

Information from Tables 1, 2, and 3 in this article is available online at [www.adajournal.org](http://www.adajournal.org) as part of a PowerPoint presentation featuring additional online-only content.



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**ORIGINAL RESEARCH: Associations among Dietary Supplement Use and Dietary and Activity Behaviors by Sex and Race/Ethnicity in a Representative Multiethnic Sample of 11th-Grade Students in Texas**

*Goldy C. George, PhD; Andrew E. Springer, DrPH; Michele R. Forman, PhD; Deanna M. Hoelscher, PhD, RD, LD*

*(This article has been approved for Continuing Professional Education credit. The Continuing Professional Education Learning Need Codes for this article are 3000, 3020, 4000, and 4160.)*

*(See This Month in the Journal of the American Dietetic Association, page 335.)*

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**RESEARCH AND PROFESSIONAL BRIEFS: Identifying Clusters of College Students at Elevated Health Risk Based on Eating and Exercise Behaviors and Psychosocial Determinants of Body Weight**

*Geoffrey W. Greene, PhD, RD, LDN; Susan M. Schembre, PhD, RD; Adrienne A. White, PhD, RD; Sharon L. Hoerr, PhD, RD; Barbara Lohse, PhD, RD; Suzanne Shoff, PhD; Tanya Horacek, PhD, RD; Deborah Riebe, PhD; Jill Patterson, PhD; Beatrice W. Phillips, PhD, RD, LD; Kendra K. Kattelman, PhD, RD; Bryan Blissmer, PhD*

The purpose of this study was to use cluster analysis to identify homogenous subgroups of college-aged men and women enrolled in a weight gain prevention study using baseline data collected in 2008. Results showed that three similar clusters were identified for each sex. For men, variability in eating competence and cognitive restraint scores contributed most to the difference between clusters, whereas for women, emotional eating and uncontrolled eating scores did.

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**RESEARCH AND PROFESSIONAL BRIEFS: Behavioral Contexts, Food-Choice Coping Strategies, and Dietary Quality of a Multiethnic Sample of Employed Parents**

*Christine E. Blake, PhD, RD; Elaine Wethington, PhD; Tracy J. Farrell, MS; Carole A. Bisogni, PhD; Carol M. Devine, PhD, RD*

This study evaluated relationships between employed parents' food-choice coping strategies, behavioral contexts, and dietary quality. Analysis identified three clusters of parents differing in use of food-choice coping strategies—Individualized Eating, Missing Meals, and Home Cooking—which reflected parents' work and family conditions. The authors recommend that nutritional policy consider these important behavioral contexts for family nutrition and health.

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**RESEARCH AND PROFESSIONAL BRIEFS: Fruit and Vegetable Intake of US Adults: Comparing Intake by Mode of Survey Administration**

*Temitope O. Erinsho, PhD; Olivia M. Thompson, PhD, MPH; Richard P. Moser, PhD; Amy L. Yaroch, PhD*

Using data from the 2007 Health Information National Trends Survey, the authors of this study compared fruit and vegetable intake of adults measured through dual modes (mail and random-digit dial telephone), and discussed potential factors that could account for mode differences. The authors conclude that they cannot recommend one mode over the other nor attribute mode differences to real differences in reported fruit and vegetable intake between participants from both modes.

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**RESEARCH AND PROFESSIONAL BRIEFS: Impact of Portion Size and Energy Density on Snack Intake in Preschool-Aged Children**

*Shannon M. Looney, MPH, RD; Hollie A. Raynor, PhD, RD, LDN*

The aim of this study was to investigate the impact of portion size on intake of a lower-energy-dense and higher-energy-dense snack in preschool-aged children. There was no significant main effect of energy density on snack intake, but the main effect of portion size on snack intake was significant, indicating increased energy intake when snacks are offered in larger portion size, regardless of energy density.

- 419 **RESEARCH AND PROFESSIONAL BRIEFS: Validation of the School Lunch Recall Questionnaire to Capture School Lunch Intake of Third- to Fifth-Grade Students**  
*Amy Paxton, MPH, RD; Suzanne Domel Baxter, PhD, RD, LD, FADA; Phyllis Fleming, PhD; Alice Ammerman, DrPH, RD*

The purpose of this pilot study was to test the validity of the school lunch recall against school lunch observations. In this study, the school lunch recall was a valid, efficient tool for assessing school lunch intake for a small sample of third- to fifth-grade students.

- 425 **RESEARCH AND PROFESSIONAL BRIEFS: The Relationship between Child and Parent Food Hedonics and Parent and Child Food Group Intake in Children with Overweight/Obesity**  
*Hollie A. Raynor, PhD, RD, LDN; Emily L. Van Walleghe, PhD; Kathrin M. Osterholt, MS; Chantelle N. Hart, PhD; Elissa Jelalian, PhD; Rena R. Wing, PhD; Gary S. Goldfield, PhD*

This secondary data analysis studied the relationship between child and parent liking, and parent intake and child intake of fruits, vegetables, low-fat dairy, snack foods, and sweetened beverages in 4- to 9-year-old overweight/obese children presenting for obesity treatment in Providence, RI. In young children with obesity/overweight, parent intake was consistently related to child intake.

- 431 **RESEARCH AND PROFESSIONAL BRIEFS: Weight-Related Teasing in a Racially Diverse Sample of Sixth-Grade Children**  
*Lacey Arneson McCormack, MPH, RD; Melissa Nelson Laska, PhD, RD; Clifton Gray, PhD; Sara Veblen-Mortenson, MPH, MSW; Daheia Barr-Anderson, PhD, MSPH; Mary Story, PhD, RD*

The purpose of this secondary data analysis was to assess the prevalence and frequency of weight-related teasing by peers and families in a low-income, multiracial/ethnic sample of children; to determine how bothered children were by the teasing; to evaluate whether teasing varied by overweight status and sex; and to see whether body satisfaction varied based on teasing history. The results of the study suggest that weight-related teasing is a problem for children, especially those with overweight or obesity.

- 437 **RESEARCH AND PRACTICE INNOVATIONS: High Body Mass Index Percentile Accurately Reflects Excess Adiposity in White Girls**  
*Cynthia J. Bartok, PhD, RD; Michele E. Marini, MS; Leann L. Birch, PhD*

This study sought to assess the validity of body mass index (BMI) percentile for identifying "overfatness" in a cohort of 197 white, 9-year-old girls followed for 6 years during 2000-2007. The study results suggest that white girls aged 9 to 15 years with a BMI  $\geq$ 85th percentile and/or girls with a BMI  $\geq$ 50th percentile experiencing upward crossing of percentile bands are likely to have excess body fat levels and are good candidates for healthy lifestyle interventions.

- 442 **PRACTICAL CLINICAL SOLUTIONS: Body Mass Index Reporting through the School System: Potential Harm**  
*Maria G. Portilla, MD*

This article presents case reports on two patients evaluated and treated at a tertiary children's hospital between October 2005 and June 2007, who reported disordered eating and excessive exercise after getting results from their school body mass index screening.

- 446 **Practice Paper of the American Dietetic Association: Addressing Racial and Ethnic Health Disparities**

- 457 **2010 Lenna Frances Cooper Memorial Lecture: Nutrition Makes a Difference: Communicating the Many Ways Dietetics Practitioners Improve the World**  
*Carolyn O'Neil, MS, RD, LD*

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*Wendy Marcason, RD*

#### ICON KEY



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