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Information from the Figure in this article is available online at www.adajournal.org as part of a PowerPoint presentation featuring additional online-only content.
- 241 **ORIGINAL RESEARCH: Major Habitual Dietary Patterns Are Associated with Acute Myocardial Infarction and Cardiovascular Risk Markers in a Southern European Population**
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- 251 **ORIGINAL RESEARCH: Salty-Snack Eating, Television or Video-Game Viewing, and Asthma Symptoms among 10- to 12-Year-Old Children: The PANACEA Study**
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(This article has been approved for Continuing Professional Education credit. The Continuing Professional Education Learning Need Codes for this article are 4000, 5000, 5070, and 5330.)
(See This Month in the *Journal of the American Dietetic Association*, page 201.)

ONLINE EXTRA

Information from Tables 1 and 2 in this article is available online at www.adajournal.org as part of a PowerPoint presentation featuring additional online-only content.





258 REVIEW: Diet and Asthma: Nutrition Implications from Prevention to Treatment

Keith Allan, MSc; Graham Devereux, MD, PhD

(This article has been approved for Continuing Professional Education credit. The Continuing Professional Education Learning Need Codes for this article are 2000, 4000, 5000, and 5330.)

(See This Month in the Journal of the American Dietetic Association, page 201.)

269 RESEARCH AND PROFESSIONAL BRIEFS: Characteristics of Family Mealtimes Affecting Children's Vegetable Consumption and Liking

Claire Sweetman, DClinPsych; Laura McGowan, PhD, CPsychol; Helen Croker, RD; Lucy Cooke, PhD

This cross-sectional study conducted in the United Kingdom in 2008 examined associations between mealtime characteristics and preschoolers' vegetable consumption and liking. The authors found that, in preschool-aged children, it seems emphasis should be placed on encouraging parents to provide home-cooked meals that mirror those eaten by the adults in the family to improve vegetable intake.

274 RESEARCH AND PROFESSIONAL BRIEFS: Associations between Neighborhood Availability and Individual Consumption of Dark-Green and Orange Vegetables among Ethnically Diverse Adults in Detroit

Betty T. Izumi, PhD, MPH, RD; Shannon N. Zenk, PhD, MPH, RN; Amy J. Schulz, PhD, MPH; Graciela B. Mentz, PhD; Christine Wilson

The objective of this study was to examine the relationship between observed neighborhood availability and individual consumption of dark-green and orange vegetables among low- to moderate-income and ethnically diverse adults in Detroit. Findings suggested that living in a neighborhood with multiple opportunities to purchase dark-green and orange vegetables may make an important contribution toward meeting recommended intakes.

280 RESEARCH AND PROFESSIONAL BRIEFS: Comparing the Nutrient Rich Foods Index with "Go," "Slow," and "Whoa" Foods

Adam Drewnowski, PhD; Victor Fulgoni III, PhD

Using nutrient composition data from the 2004 Food and Nutrient Database for Dietary Studies, this study compared the National Heart, Lung, and Blood Institute's Go, Slow, and Whoa food classes to tertiles of food rankings generated by the Nutrient Rich Foods Index. Both the Go, Slow, and Whoa and the Nutrient Rich Foods Index models readily distinguished between energy-dense and nutrient-rich beverages and foods, and the three Go, Slow, and Whoa classes closely corresponded to tertiles of Nutrient Rich Foods Index scores.

285 RESEARCH AND PROFESSIONAL BRIEFS: Vitamin, Fluoride, and Iron Use among US Children Younger than 12 Years of Age: Results from the Slone Survey 1998-2007

Louis Vernacchio, MD, MSc; Judith P. Kelly, MS; David W. Kaufman, ScD; Allen A. Mitchell, MD

This study sought to define the prevalence and patterns of use of supplemental vitamins, fluoride, and iron among US children younger than 12 years of age. The study found that almost one quarter of US children younger than 12 years of age, and 30% of 2-year-olds, use supplemental vitamins, fluoride, and iron in a given week.

290 RESEARCH AND PROFESSIONAL BRIEFS: Increasing the Protein Content of Meals and Its Effect on Daily Energy Intake

Alexandria D. Blatt, MS, RD; Liane S. Roe, MPH, RD; Barbara J. Rolls, PhD

To investigate the effects of protein in amounts commonly consumed over a day, a crossover study was conducted in 2008. The study showed that varying the protein content of several entrees consumed ad libitum did not differentially influence daily energy intake or affect ratings of satiety.

- 295 RESEARCH AND PRACTICE INNOVATIONS: Awareness of Federal Dietary Guidance in Persons Aged 16 Years and Older: Results from the National Health and Nutrition Examination Survey 2005-2006**

Jacqueline D. Wright, DrPH; Chia-Yih Wang, PhD

In this article, estimates of awareness of the Dietary Guidelines for Americans, the Food Guide Pyramid, and the 5 A Day for Better Health Program are presented and differences in awareness are tested across demographic traits, health characteristics, and diet-related attitudes and behaviors.

- 301 PRACTICAL CLINICAL SOLUTIONS: Peanut Allergy: Case of an 11-Year-Old Boy with a Selective Diet**

Linda Stephenson Somers, RD, LDN, CPT

This article presents a case report on an 11-year, 8-month old male who was referred to a registered dietitian for outpatient nutrition counseling in June 2009 because of his extremely limited dietary intake, decreasing velocity of weight gain, and allergy to peanut.

- 307 ETHICS OPINION: Eliminating Dietetics-Related Inequalities**

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Eleese Cunningham, RD

ICON KEY



Continuing Education Article

Cover:

Asthma is an inflammatory disorder of the airways, causing shortness of breath, wheezing, coughing, and chest tightness.