



THE FEMALE PATIENT®

TOTAL HEALTH CARE FOR WOMEN

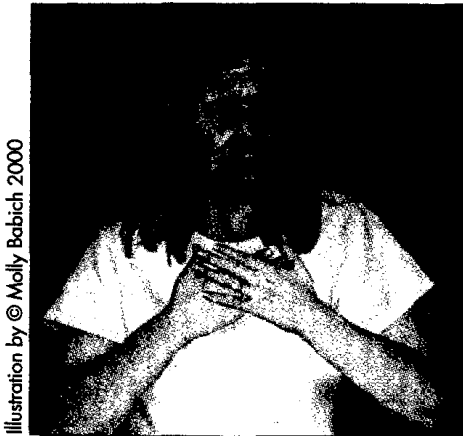


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FEATURE ARTICLES

COVER/CME

64 **Panic Disorder** **Recognition and Management**

John Cusack, DO

A focused history and two pertinent questions can facilitate diagnosis of this disabling disorder.

20 **Hepatitis C Virus Infection**

Joelle B. Sickler, MSN; Kenneth E. Sherman, MD, PhD

The authors present a comprehensive review of the epidemiology, clinical presentation, routes of transmission, diagnosis, and treatment.

39 **HRT and Cardioprotection**

An Interview with Andrew M. Kaunitz, MD

The controversy surrounding use of hormones to protect against the development or progression of coronary artery disease is discussed.

Turning Back the Pages



June 1976

• **How to Reduce Carcinogens in the Environment.** Barber HRK. Dr Barber worried that exposure to certain carcinogens was increasing, and that it might take 25 years to see the effects. *After 25 years, the causal relationship between many of these chemicals and cancer remains elusive.*

• **Hazards of Diabetic Pregnancy.** Mirsky S. The dangers of gestational diabetes were enumerated and treatments were offered. *We've come a long way in our understanding of glycemic control and its effects on the fetus.*

• **Diagnosing Nipple Discharge.** Leis HP, Pilnick S, Cammarata A. The authors described the different types of nipple discharge and their implications for breast cancer risk. *Advances in mammography, ultrasonography, and biopsy have facilitated proper diagnosis in these cases.*

• **The Role of Obesity in Disease.** Adams VJ. The author proposed that obesity causes or exacerbates many diseases and should be treated. *We still haven't gotten this message.*

• **Who Needs Group Therapy?** Alexander FS. The author delineated five cases in which emotional problems caused physical symptoms. *The underlying cause of certain somatic diseases still baffles physicians.*

Outlook Section

• **Can the Sex Life of a Gorilla Help Us Understand Our Own?** Researchers at Emory University studied sexual behavior in gorillas to shed some light on human sexuality. *I hope the gorillas enjoyed the study.*

• **Women Addicts: Special Treatment for Special Needs.** At the time, most drug abuse treatment centers took a unisex approach to treating persons addicted to drugs. *Since then, more research has been devoted to the specific needs of female addicts.*

These editorial comments were provided by Thomas E. Nolan, MD, MBA, Associate Editor-in-Chief of THE FEMALE PATIENT®.



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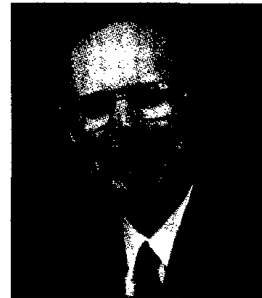
- 42 New Roles for NSAIDs**
Terri L. Levien, PharmD; Stephen M. Setter, PharmD, DVM
Ongoing research suggests new roles for these anti-inflammatory compounds.

DEPARTMENTS

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A New Era of Collegiality
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New Vaginal-Probe Software; New Indication for HRT; and more...
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Dyspareunia Following Cholecystectomy
Willie B. Newman, MD, JD



MEET THE EDITORS



Robert B. Taylor, MD

ADVISORY BOARD MEMBER

Position: Professor, Department of Family Medicine, Oregon Health Sciences University School of Medicine, Portland.

Education: BS, Bucknell University, Lewisburg, PA; MD

Temple University School of Medicine, Philadelphia, PA.

Additional Biographic Information: Dr Taylor has practiced at the Family Health Center on the campus of Oregon Health Sciences University for the past 15 years. His main academic interests are medical writing and editing and promoting leadership in medicine. He has gained national recognition for his contributions to education in family medicine. His writing and editing credits include 17 medical reference books and textbooks, more than 60 textbook chapters and monographs, and some 175 research papers and review articles.

Outside the Office: Dr Taylor enjoys writing, foreign travel, and playing with his two granddaughters.

Membership on THE FEMALE PATIENT® Advisory Board: Dr Taylor joined the board in 1980.



Leslie Trope, MD, FACIP, FACMQ

ADVISORY BOARD MEMBER

Position: Clinical Associate Professor of Family Practice, Albany Medical College, Albany, NY.

Education: MD, Capetown University, Capetown, South Africa.

Additional Biographic Information: Dr Trope has worked at the William F. Ryan Community Health Center in New York City for the past 5 years, where he sees an average of 200 patients per week—25% of whom are infected with human immunodeficiency virus. In addition to family practice and family physician education, Dr Trope specializes in pediatrics and quality assurance and utilization review.

Outside the Office: Dr Trope enjoys visiting flea markets, and is a collector of antiques—especially Japanese Imari porcelain and woodblock prints. He also enjoys wrestling, working out at the gym almost daily, and New York City nightlife.

Membership on THE FEMALE PATIENT® Advisory Board: Dr Trope joined the board in 1994.