

# Table of Contents

## 1 Research

### 3 Introduction

#### 5 Clinical Studies and Randomized Controlled Trials in Chinese Herbal Medicine: A Historical and Contemporary Review

*Zhaoxiang Bian and David Moher*

#### 18 The Society for Acupuncture Research

*Rosa Schnyer*

#### 19 The Treatment of Hepatitis C and Chronic Liver Disease with *Sho-saiko-to* (Minor Bupleurum Decoction [*Xiao Chai Hu Tang*])

*Jipu (Dan) Wen*

#### 30 Qualitative Acupuncture Research in Germany

*Juergen Voigt*

#### 36 Oriental Herbs—Western Drugs: Recognition and Prevention of Adverse Interactions

*Paul McCarthy*

#### 42 Parachute Use to Prevent Death and Major Trauma Related to Gravitational Challenge: Systematic Review of Randomized Controlled Trials

*Gordon C. S. Smith and Jill P. Pell*

## 47 Clinical Practice

### 49 Introduction

#### 51 The Role of Acupuncture in the Treatment of Cancer, Part 1

*Friedrich Staebler*

#### 62 Pathomechanisms in Chinese Medicine. Understanding the Patterns that Underpin and Give Rise to Presenting Disease Profiles in Chinese Medicine

*Yan Shi-Lin*

#### 73 Maximizing the Clinical Efficacy of Granule Preparations: Understanding Dosage, Regional Trends, and Unforeseen Challenges

*Eric Brand*

#### 79 The Treatment of Age-related Macular Degeneration (AMD) with Chinese Medicine

*Tan Sheng Yan*

#### 86 Japanese Meridian Therapy Acupuncture—Two Case Studies

*Stephen Birch, Merlin Young, and Charles Chace*