

Editorial

**69 Anti-Aging oder «Better Aging» –
Ein Beitrag zur Altersprävention?**

Anti-Aging or Better Aging:

A Contribution to the Prevention of Aging?

Haller, U. (Zürich); Hepp, H. (München); Winter, R. (Graz)

Anti-aging wants to influence the quality of the second half of life; molecular biological tests should become the basis for an individualized hormone therapy though scientific evidence has been lacking until now.

Schwerpunkt: Anti-Aging

71 Aktuelle Konzepte zur Altersprävention
Current Concepts in Anti-Aging

Gruber, C.; Huber, J.C. (Wien)

Anti-aging strategies seek to maintain a high quality of health for people in the second half of their lives and therefore require positive modifications in general lifestyle as well as the implementation of e.g. hormone substitution.

**75 Hormonersatztherapie, besseres Altern,
molekulargenetische Diagnostik und das Image
des Frauenarztes**

Hormone Replacement Therapy, Better Aging,
Molecular Genetic Diagnostics and the Image of
the Gynaecologist

Schneider, H. (Bern)

Presently there is no proven benefit for molecular genetic diagnostics as the basis for hormonal replacement in perimenopausal women.

**79 Adrenopause und Dehydroepiandrosteron:
Pharmakotherapie versus Substitution**

Adrenopause and Dehydroepiandrosterone:
Pharmacological Therapy versus Replacement
Therapy

Römmeler, A. (München)

Replacement therapy with dehydroepiandrosterone has already been shown to be beneficial for people with adrenopause in cases of short- and medium-term application; furthermore, it appears promising in the long run to reduce morbidity and mortality, thus improving quality of life.

Originalarbeiten

**91 Diagnostik und Prophylaxe der Cervixinsuffizienz in
der Mehrlingsschwangerschaft**

Cervical Incompetence in Multifetal Gestation:
Diagnosis and Prophylaxis

Strauss, A.; Müller-Egloff, S.; Heer, I.M.; Dannecker, C.; Hepp, H. (München)

Cervical incompetence threatens multifetal gestation. Lacking an option for effective prophylaxis, early diagnosis and noninvasive ultrasound monitoring positively influence pregnancy management.

**98 Die Sentinellymphknotenbiopsie beim
Mammakarzinom. Ergebnisse und Erfahrungen
nach 500 Sentinellymphknotenbiopsien**

Sentinel Lymph Node Biopsy in Breast Cancer
Patients – Results and Experience after 500 Sentinel
Lymph Node Biopsies

Reitsamer, R.; Menzel, C. (Salzburg); Peintinger, F. (Leoben);
Cimpoa, W.; Glück, S.; Sinzinger, G.; Rettenbacher, L.;
Kässmann, H.; Hoffmann, A.; Prokop, E.; Strasser, F.; Kiesler, J.;
Hutarew, G.; Dietze, O. (Salzburg)

Sentinel lymph node biopsy is an excellent method for axillary staging and an alternative to axillary lymph node dissection in a certain group of breast cancer patients.

**104 Multizentrische Umfrage zum Stellenwert der
Lymphonodektomie beim Endometriumkarzinom in
Deutschland**

Multi-Institutional Survey on the Value of
Lymphadenectomy in Endometrial Carcinoma in
Germany

Sehoul, J. (Berlin); Camara, O. (Jena); Stengel, D. (Berlin);
Köhler, G. (Greifswald); Lichtenegger, W. (Berlin) für die
Arbeitsgruppe «Endometriumkarzinom» der Nord-Ostdeutschen
Gesellschaft für Gynäkologische Onkologie e.V.

In Germany, lymphadenectomy is commonly used in endometrial carcinoma.

Management im Gesundheitswesen

**111 Ärztliche Fortbildung unter Korruptionsverdacht?
Diskussionsbeitrag der Kommission Qualitäts-
sicherung der Schweizerischen Gesellschaft für
Gynäkologie und Geburtshilfe**

Is Continuing Medical Education under Suspicion
of Corruption? Contribution to the Discussion by
the Committee for Quality Preservation of the Swiss
Society of Gynaecology and Obstetrics

Drack, G. (St. Gallen); Kuhn, H.P. (Bern); Haller, U. (Zürich)

In the absence of a political decision about how to pay for continuing medical education, there is a need to continue the traditional system of payment both by participants and by sponsorship, but possibly with a tighter regulation.

Konsensus • Consensus

**118 Nabelschnurblutspende: unverwandte Spende,
familiäre (gerichtete) Spende und autologe Spende
(«Private Banking»)**

Don de sang de cordon: don non dirigé, don familial
(dirigé) et don autologue («private banking»)

Kommission Qualitätssicherung der Schweizerischen
Gesellschaft für Gynäkologie und Geburtshilfe
Commission contrôle de qualité de la Société Suisse de
Gynécologie et Obstétrique

122 Buchbesprechungen

123 Gesellschaftsnachrichten der SGGG

124 Veranstaltungskalender

Zitiert in

ISI – Current Contents/Clinical Medicine

Index Medicus, National Library of Medicine

Reference Update (RIS)

Biological Abstracts



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