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There is something more – Analysis heals: Moments of Meeting

Malcom Pines (London)*

The paper deals with the concepts of empathy in the
group therapeutic process. Especially the quality of
and relatedness is being discussed by the author. In
considerations the author refers to the attachment theory.
author the moments of meeting are moments when
occurs in the rhythm of connection, disconnection and
non-linear dynamic system.

In this paper I will be speaking on
many years: on empathy, which has been a central
development, on coherence, a term which has been used in
areas such as theories of child development, on
how we get to know, to feel with another person, on
hope to bring together these topics looking at how
affect changes in the mental and emotional life.

Empathy

Forward definition: „The capacity to understand and
unique experience of another“, „empathy“ (Lieberman
2000). It is an indispensable basic condition for
It is through sharing the perceived experience that
capacity to cooperate, in giving and receiving help,
now know that a sort of empathy, „coherence“, is
primate groups who recognise the distress of another
will support and help them in their distress. This
to replace group violence by group non-violence.

Human children react sympathetically from an
early in life and empathy is identifiable from the
take the emotional position of the other person, so
that we are helped to become more sensitive to the
others and of ourselves, to be able to understand
the mote and the beam. Empathy is a capacity to
with ourselves and to develop a complex relationship.
Bion said to *James Grotstein*: "You are the person
ever likely to meet; therefore it is of great importance

* M.D. D.P.M., Past President of the International
analytic trainer at the Institute of Psychoanalysis
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